

YOON'S MARTIAL ARTS ACADEMY



Winter – Spring 2008



| TIME | MON | TUES | WED | THUR | FRI | SAT |
|---|--|--|--|--|--|--|
| Early Class 2:00 PM to 3:50 PM | PRIVATE LESSONS (registered only) | PRIVATE LESSONS (registered only) | PRIVATE LESSONS (registered only) | PRIVATE LESSONS (registered only) | PRIVATE LESSONS (registered only) | |
| 3:50 PM To 4:25 PM | Little Lions | Little Lions | Little Lions | Little Lions | | 9:-00 AM to 9:50 Ladies Cardio- Kickboxing |
| 4:30 PM To 5:15 PM | 12 yrs. old and under | Little Lions Advanced | 12 yrs. old and under | Little Lions Advanced | 12 yrs old and under | 10:00 AM to 10:50 All Ages All Belts |
| 5:20 PM To 6:10 PM | Under 13 yrs. old All Belts | Under 13 yrs. old All Belts | Under 13 yrs. old All Belts | Under 13 yrs. old All Belts | OPEN TO ALL AGES AND BELT RANKS | 11:00 AM to 11:50 All Ages All Belts |
| 6:20 PM To 7:10 PM | 13 yrs. and older All Belts | 13 yrs. and older All Belts | 13 yrs. and older All Belts | 13 yrs. and older All Belts | | |
| 7:10 PM To 8:00 PM | HAI DONG GUMDO (sword) | Ladies Cardio- Kickboxing | HAI DONG GUMDO (sword) | HAI DONG GUMDO (sword) | | |

Honor ~ Discipline ~ Respect ~ Success

Grandmaster Seok H. Yoon

Master Tom Ware
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